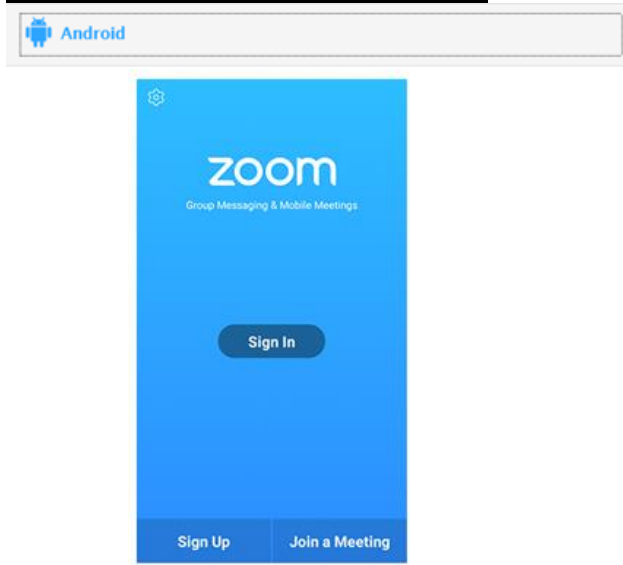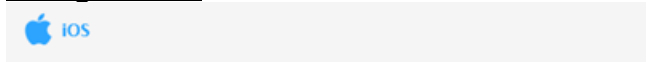# JOINING ZOOM FOR THERAPY SESSIONS
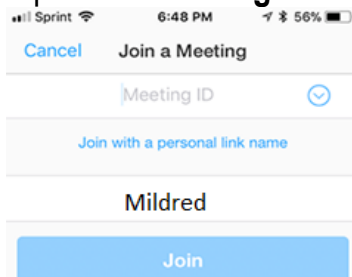
Using Android Cell Phone or Pad

1. Open the Zoom mobile app. If you have not downloaded the Zoom mobile app, you can download it from the Google Play Store.
2. Tap **Join a Meeting**.
3. Enter the meeting ID number.
4. Type your first name ONLY. Do NOT include your last name.
5. Tap that you would like to connect using audio and video.
6. Tap **Join**.
7. You will be placed in the virtual waiting room. At the scheduled start time, the provider will start the meeting.

Using iPhone

1. Open the Zoom mobile app. If you have not downloaded the Zoom mobile app, you can download it from the App Store.
2. Tap **Join a Meeting**.

3. Enter the meeting ID number.
4. Type your first name ONLY. Do NOT include your last name.
5. Tap that you would like to connect using audio and video.
6. Tap **Join**.
7. You will be placed in the virtual waiting room. At the scheduled start time, the provider will start the meeting.

Using Windows and Mac Computers

1. Open your web browser (Safari, Mozilla Firefox, Internet Explorer, or Google Chrome).
2. Navigate to the website address bar, and type in **zoom.us**.
3. In the top right corner, click **JOIN A MEETING**.

JOIN A MEETING   HOST A MEETING ▾   SIGN IN

4. Enter the meeting ID number.
5. Type your first name ONLY. Do NOT include your last name.

Zoom

Enter your name

Your Name
FIRSTNAME

☑ Remember my name for future meetings

Join Meeting   Cancel

6. Tap that you would like to connect using audio and video.
7. Tap **Join**.
8. You will be placed in the virtual waiting room. At the scheduled start time, the provider will start the meeting.

Using the Meeting Link

Another way to join a meeting is to simply click on the link provided (then to download the app if it isn't already downloaded).

If you experience any difficulties using Zoom to join a session, please contact Center for Family Development at 541-342-8437 for technical assistance.