

## Center for Family Development

Serving the community since 1991

## **Positive Parenting Group**

The 10-week group is for parents of babies and toddlers ages six months to three years.

Not sure what your baby needs?
Frustrated by your toddler's tantrums?
Wish there was less yelling and more fun at home?

Join this group to learn more about raising little ones and how to make parenting a little easier.

- Have a chance to connect with other parents dealing with the same issues as you.
- Get guidance on your child's temperament and development.
- Find new ways to help your child learn through playtime.
- Discover how to calm your little one when they are overwhelmed and learn strategies for managing challenging behavior.
- Think about daily routines that make family life easier.
- Earn gift cards for completing questionnaires to aid evaluation of the program!

This curriculum is based on ZERO TO THREE's mission is to ensure that all babies and toddlers have a strong start in life. Visit: zerotothree.org.

For group schedule, please contact our office at

541-342-8437